



## WILDERNESS AWARENESS SCHOOL

Greetings,

Thank you for registering for the **Wilderness Survival Basics** workshop with Wilderness Awareness School in Duvall, Washington. This course is a powerful and engaging introduction to the skills, knowledge, and attitude you need to survive and thrive in the wilderness. We are excited to meet you at Linne Doran, Wilderness Awareness School's 40-acre campus

Please see our website for detailed information about our Cancellation and Transfer Policy:  
<https://www.wildernessawareness.org/resources/registration-information>

This program details letter contains information that you will need to prepare for this program.  
**Please read it carefully.**

If you have any questions regarding your registration, please contact Wilderness Awareness School at (425) 788-1301 or [registrar@wildernessawareness.org](mailto:registrar@wildernessawareness.org); our office hours are 8:00-4:00, Monday through Friday.

We are looking forward to a fabulous weekend together exploring the skills and ancient knowledge of wilderness living and survival. Safe travels!

Sincerely,

Dan Corcoran  
Adult Program Director

Sam Bowman  
Lead Instructor

## ~ Wilderness Survival Basics ~

**When:** Saturday, May 11<sup>th</sup>; 9am-5pm  
Sunday, May 12<sup>th</sup>; 9am-5pm

**Where:** Linne Doran, our 40-acre campus, is located about fifteen minutes outside of Duvall (where our office is located) in the foothills of the Cascade Mountains. You can find a map and directions on our website:

[https://www.wildernessawareness.org/docs/WAS\\_map\\_linne-doran.pdf](https://www.wildernessawareness.org/docs/WAS_map_linne-doran.pdf)

Saturday = Park in main Linne Doran Parking lot and meet at Cedar Lodge

Sunday = Park at Coho Ridge Lot and meet at Coho Ridge

### **What to Expect:**

We spend time outside as well as in covered structures. **When you leave your car, please bring all the food and gear you need to be out the entire day.** Be prepared to dress in layers so that you can adjust easily (see attached gear list). We hike about 1-2 miles during the class day, at times off trail. Expect that you may get muddy and wet.

We will spend significant time outside regardless of the weather. We encourage you to be prepared for all types of weather and bring several layers so that you can be comfortable throughout the class.

While this class is focused, it will also be very enjoyable. We want to push the edge of your knowledge and comfort zones for maximizing learning and fun. We strive to balance theory with hands-on practice in a safe learning environment.

We will cover many topics including:

- The Big Four Survival Skills: Shelter, Fire, Water, and Food;
- Survival Gear
- Navigation and Signaling
- Survival Mindset and Awareness
- Survival vs. Bushcraft
- Survival Skills as a gateway to deep connection to the natural world
- What to Practice when you go home.

### **Facilities:**

Our Linne Doran campus includes Cedar Lodge, our indoor classroom and meeting space, as well as several outdoor classrooms including a large Yurt, and Malalo Ya Chui. There are also several Port-o-Johns on the property. Linne Doran has limited cell reception and no internet access. To get the most out of your course, we recommend you plan on being out of communication during your course. *For this class there will be limited access to modern bathrooms after the morning introduction (meaning you will need to “go in the woods”.*

Participants are welcome to camp on our property Saturday night. Accommodations are rustic: there is water available via spigot and Port-o-Johns for restroom needs. If you would like different accommodations (like a bed), there are some B & B type accommodations within 30 minutes, as well as a Tolt MacDonald County Park for large RV set-ups. We *do not* have space for RV's or for campers that are larger than a pickup.

**Food:**

Food is not provided for this course. Please bring a lunch and snack food for each day. Instruction will end by 5pm on both days, and if you choose to camp at Linne Doran on Saturday, you may cook food on the property—please bring your own stove and cooking utensils (pots, pans, etc), it is not possible to use the school kitchen for individual meal preparation or clean-up. There is a community firepit that you are welcome to use. There are also great restaurants in town, your instructors can give you their recommendations.

**How to Get There:**

There is no public transportation available to get to our Linne Doran campus. *We are unable to provide transportation for this course.*

**Our campus address:**

**20410 320th Ave NE,  
Duvall, WA 98019**

You can find a map and directions on our website:

[https://www.wildernessawareness.org/docs/WAS\\_map\\_linne-doran.pdf](https://www.wildernessawareness.org/docs/WAS_map_linne-doran.pdf)

**Non-Local Participants:** If you are going to be traveling from afar to attend this course, please let us know what your travel plans are. This helps dramatically in the event that something goes wrong during your travels. Please include any details like flight or train arrival and departure times, etc.

## Required and Recommended Gear List for Survival Weekend

Please bring the following items. This list is designed with your comfort and safety in mind, and takes into account the variable weather possibilities in Western Washington.

- 2-Liters of water (Platypus, 1L Metal bottles, etc.)
- 4"-fixed blade knife with sheath Knife (sharp, full-tang, fixed blade). ***We will have great starter knives for sale through our registration system or at class (\$20 or \$35 depending on style; please bring cash.)***
- Work gloves
- Notebook and pen/pencil
- Your own mug for tea/coffee
- Daypack (to carry lunch, water, notebook, and extra layers)
- 25' of parachute cord (1/8" diameter rope)
- Clothing that is appropriate for the weather. The key to being prepared is having multiple layers that you can add/remove during the day. *Depending of the time of year, this could include:*
  - Light weight pants and long-sleeved shirt (for bug/sun protection)
  - Synthetic long underwear top and bottom (not cotton)
  - Wool or fleece pants (not cotton)
  - Wool or fleece jacket (not cotton)
  - Rain jacket, rain pants, and rain hat
  - Wool socks
  - Warm hat
  - Gloves
  - Appropriate footwear (We will be walking between 1-2 miles during the day)

### Optional:

If you are camping overnight:

- Tent with rain fly and ground tarp
- Sleeping bag and pad (with temperature rating appropriate for season)
- Toiletries and personal medication
- Flashlight
- Extra food for the weekend (dinners/breakfast, stove, cooler, etc.)