



WILDERNESS AWARENESS SCHOOL

GREETINGS and WELCOME!

Thank you for registering for the **Wilderness Survival Basics** skills weekend course with Wilderness Awareness School in Duvall, Washington. This course is a powerful and engaging introduction to the skills, knowledge, and attitude you need to survive and thrive in all kinds of environments. We are excited to meet you at Linne Doran, Wilderness Awareness School's 40-acre property!

Please see our website for detailed information about our cancellation and transfer policy.

This program details letter contains information that you will need to prepare for this program. **Please read it carefully.**

If you have any questions regarding your registration, please contact Wilderness Awareness School at (425) 788-1301; our office hours are 8:00-4:00, Monday through Friday.

We are looking forward to a fabulous weekend together exploring the skills and ancient knowledge of wilderness living and survival. Safe travels!

Sincerely,

Dan Corcoran
Lead Instructor

Nate Summers
Program Director
Wilderness Awareness School

Michael Prince
Program Director
Wilderness Awareness School

Survival Basics Weekend Course

When: This program starts **Saturday, May 21st, 2016 at 9:00am. Instruction will end by 5pm on Saturday, and begin again at 9am on Sunday. The course ends by 5pm on Sunday, May 22nd, 2016.**

Where: Linne Doran, our 40-acre campus, is located about fifteen minutes outside of Duvall (where our office is located) in the foothills of the Cascade Mountains. You can find a map and directions on our website: <http://wildernessawareness.org/resources/maps>
Saturday = Park in main Linne Doran Parking lot and meet at Cedar Lodge
Sunday = Park at Coho Ridge Lot and meet at Coho Ridge

What to Expect:

We spend time outside as well as in covered structures. **When you leave your car, please bring all the food and gear you need to be out the entire day.** Be prepared to dress in layers so that you can adjust easily (see attached gear list). We hike about 1-2 miles during the class day, at times off trail. Expect that you may get muddy and wet.

We will spend significant time outside regardless of the weather. We encourage you to be prepared for all types of weather and bring several layers so that you can be comfortable throughout the class.

While this class is focused, it will also be very enjoyable. We want to push the edge of your knowledge and comfort zones for maximizing learning and fun. We strive to balance theory with hands-on practice in a safe learning environment.

We will cover many topics including:

- The Big Four Survival Skills: Shelter, Fire, Water, and Food;
- Survival Gear
- Navigation and Signaling
- Survival Mindset and Awareness
- Survival vs. Bushcraft
- Survival Skills as a gateway to deep connection to the natural world
- What to Practice when you go home.

Facilities:

Our Linne Doran campus includes Cedar Lodge, our indoor classroom and meeting space, as well as several outdoor classrooms including a large Yurt, and Malalo Ya Chui. There are also several Port-o-Johns on the property. Linne Doran has limited cell reception and no internet access. To get the most out of your course, we recommend you plan on being out of communication during your course. For this class there will be limited access to bathrooms after the morning introduction.

Participants are welcome to camp on our property Saturday night. Accommodations are rustic: there is water available via spigot and Port-o-Johns for restroom needs. If you would like different accommodations (like a bed), please call us so that we can help you find what you need. There are some B & B type accommodations nearby, as

well as a County Park for large RV set-ups. We *do not* have space for RV's or for campers that are larger than a pickup.

Food:

Food is not provided for this course. Please bring a lunch and snack food for each day. Instruction will end by 5pm on both days, and if you choose to camp at Linne Doran on Saturday, you may cook food on the property—please bring your own stove and cooking utensils (pots, pans, etc), it is not possible to use the school kitchen for individual meal preparation or clean-up. There is a community firepit that you are welcome to use. There are also great restaurants in town, your instructors can give you their recommendations.

How to Get There:

There is no public transportation available to get to our Linne Doran campus. If you need to arrange to carpool with other participants, please contact the office and we will try and help you out. *We are unable to provide transportation for this course.*

Non-Local Participants: If you are going to be traveling from afar to attend this course, please let us know what your travel plans are. This helps dramatically in the event that something goes wrong during your travels. Please include any details like flight or train arrival and departure times, etc.

Required and Recommended Gear List for Survival Weekend

Please bring the following items. This list is designed with your comfort and safety in mind, and takes into account the variable weather possibilities in Western Washington.

- 2-Liters of water (Platypus, 1L Metal bottles, etc.)
- 4"-fixed blade knife with sheath (quality knives will be available for purchase)
- Work gloves
- Notebook and pen/pencil
- Your own mug for tea/coffee
- Daypack (to carry lunch, water, notebook, and extra layers)
- 25' of parachute cord (1/8" diameter rope)
- Clothing that is appropriate for the weather. The key to being prepared is having multiple layers that you can add/remove during the day. *Depending of the time of year, this could include:*
 - Light weight pants and long-sleeved shirt (for bug/sun protection)
 - Synthetic long underwear top and bottom (not cotton)
 - Wool or fleece pants (not cotton)
 - Wool or fleece jacket (not cotton)
 - Rain jacket, rain pants, and rain hat
 - Wool socks
 - Warm hat
 - Gloves
 - Appropriate footwear (We will be walking between 1-2 miles during the day)

Optional:

If you are camping overnight:

- Tent with rain fly and ground tarp
- Sleeping bag and pad (with temperature rating appropriate for season)
- Toiletries and personal medication
- Flashlight
- Extra food for the weekend