



GREETINGS and WELCOME!

Thank you for registering for **March 2016 Coyote Mentoring Weekend** with Wilderness Awareness School in Duvall, Washington. This course is a powerful, transformative experience that will give you a balance of theory and practical tools to take home with you. We are excited to meet you at Linne Doran, Wilderness Awareness School's 40-acre property!

Please see our website for detailed information about our cancellation and transfer policy.

This program details and gear list contains information that you will need to prepare for this program. **Please read it carefully.**

If you have any questions regarding your registration, please contact Wilderness Awareness School at (425) 788-1301; our office hours are 8:00-4:00, Monday through Friday. If for any reason you need to contact us after 4pm Friday, *please call the School's Land 425-844-1281.*

We are looking forward to a fabulous week together exploring the depths of the Wilderness Awareness mentoring model. Safe travels!

Sincerely,

Nate Summers
School Year Programs Director
Wilderness Awareness School

~ Coyote Mentoring Weekend ~

When:

This program starts **Friday, March 18 at 5:00 pm** and ends **at 4:00 PM on Sunday, March 20, 2016**. From 5:00 until approximately 6:30 on Friday you will have time to sign in, set up your sleeping area, and shake off the “road dust” from your travels. Please ensure you are on time and ready to go!

Please note that we have two youth overnight camps ending at 4:00 PM, so we will not have space available for you until 5:00. Please do not arrive until 5:00.

Where:

Linne Doran is located about fifteen minutes outside of Duvall in the foothills of the Cascade Mountains. You can find a map and driving directions on our website:

http://wildernessawareness.org/docs/office_and_land_directions.pdf

What to Expect:

We will be spending time outside in the woods as well as in our indoor classroom spaces, which range from rustic to modern. Be prepared to dress in layers so that you can adjust easily. Expect that you may get muddy and dirty – perhaps more so than you have since you were a child (or ever)!!

Weather in western Washington can be sunny and warm with temperatures in the 60's, and it can also rain or even snow, with temperatures dropping significantly. We will be spending significant time outside regardless of the weather. We encourage you to be prepared for all types of weather and bring several layers so that you can be comfortable throughout the class.

While this class is serious and focused, it will also be very enjoyable. Our apologies in advance if you are allergic to fun. We will cover lots of topics including: the Medicine Wheel, the Natural Learning Cycle, 8 shields curriculum, Mentoring of different age groups, Nature Connection, and so much more. This class will balance theory with hands-on practice. We will do our best to create a safe learning environment, while at the same time pushing your edges for maximizing growth!

We recommend that participants be as present (physically and mentally) as possible during Coyote Mentoring, and not plan to leave the workshop or make phone calls unless it is essential. Cell phone reception at Linne Doran is variable. There is no computer/internet access at Linne Doran. You've set time and money aside to be here and we want you to make the most of it!

Facilities:

Tent space is available at Linne Doran, and we strongly encourage this option due to the community nature of the program. We *do not* have space for RV's or for campers that are larger than a pickup.

Personal facilities for your use include an indoor toilet and sink and several port-a-potties. Swimming is possible in our wild and muddy bottomed pond. Please do not use soap of any kind in the pond.

Food:

Meals are provided starting with dinner on Friday, and finishing with lunch on Sunday. Expect delicious and healthy food – we purchase local and organic as much as possible. **If you are on a very unique or restricted diet, we reserve the right to request that you provide your own food – this will be determined on a case-by-case basis.**

How to Get There:

Driving directions and maps can be found at:

http://wildernessawareness.org/docs/office_and_land_directions.pdf

Our Land address, if you are using a car/taxi service is:

**20410 320th Ave NE,
Duvall, WA 98019**

GEAR PACKING LIST

Please bring the following items. This list is designed with your comfort and safety in mind, and takes into account the variable weather possibilities during summer in Western Washington.

- o Tent with rain fly and ground tarp
- o Sleeping bag and pad (with temperature rating appropriate for season)
- o Toiletries and personal medication
- o Sunscreen and/or sun protection
- o Swimsuit (for the pond)
- o Towel
- o 1-Liter water bottles (2)
- o Notebook and pen/pencil
- o Journals (personal or for nature/tracking studies)
- o Plate and Bowl
- o Mug for tea or coffee
- o 2 Tupperware containers with lids for packing lunch and snacks
- o Flashlight
- o Daypack (to carry lunch, water, notebook, and extra layers)
- o Clothing that can be worn outside, get dirty, etc. *appropriate to the weather. This could include:*
 - Light weight pants and long-sleeved shirt (for bug/sun protection)
 - T-shirt and shorts
 - synthetic long underwear top and bottom (not cotton)
 - wool or fleece pants (not cotton)
 - wool or fleece sweater (not cotton)
 - rain jacket (or poncho) and rain pants
 - socks, *including some that are not cotton*
 - warm hat
 - gloves
 - Appropriate footwear; bring two pairs, including one to tromp in wet and mud

**Please note that all programs at our campus in Duvall have a combination of indoor and outdoor time. You will need clothing appropriate to the weather, clothing to be comfortable indoors, and ideally the ability to shift between the two with ease.

Optional:

Pillow

Camera

Binoculars for checking out birds

Camp chair, or a cushion for our seats (we have hard plastic chairs)